








# Ego Purification Chart

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Use the chart below to purify your ego.

Chakra	Name	Awareness Description
	Mystic	Inspiration and guidance received directly from super conscious awareness
	Intuitive	Observing awareness (Recognition, perspective, visualizing, seeing)
	Throat	Communicating awareness (Speaking, languages, linguistics)
	Heart	Equanimity awareness (Calmness, poise, patience, peace)
	Power	Equanimity awareness (Equality, impartiality, parity)
	Sacral	Discriminating awareness (Discernment, clarity, blissfulness)
	Root	Reflective awareness (Resolve, responsiveness)